

# Du'aa's for Infertile Couples

BY

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## *Du'aa's for Infertile Couples*

Dear Sir,

I am unable to conceive children due to sterility are there any specific dua'a to be said in such a case ?

Praise be to Allaah.

You may pray the du'aa' of Zakariya (peace be upon him), who said:

*“Rabbi laa tadharni fardan wa anta khayr ul-waaritheen (O my Lord! Leave me not single (childless), though You are the Best of the inheritors).”* This is a beautiful du'aa' which is very appropriate in this case. Also suitable is another prayer of Zakariya: *“Rabbi hab li min ladunka dhurriyyatan tayyibatan innaka samee' al-du'aa' (O my Lord! Grant me from You a good offspring. You are indeed the All-Hearer of invocation).”*

The story of Zakariya contains valuable lessons for us. Allaah has told us this story in several places in the Qur'aan. For example, in Soorat Aal 'Imraan, where He tells us about Maryam (peace be upon her) He says (interpretation of the meaning):

*“So her Lord (Allaah) accepted her [Maryam] with goodly acceptance. He made her grow in a good manner and put her under the care of Zakariya. Every time he entered al-mihrab [a praying place or private room] to (visit) her, he found her supplied with sustenance. He said, ‘O Maryam! From where have you got this?’ She said, ‘This is from Allaah.’ Verily, Allaah provides sustenance to whom He wills, without limit.*

*At that time Zakariya invoked his Lord, saying: ‘O my Lord! Grant me from You a good offspring. You are indeed the All-Hearer of invocation.’*

*Then the angels called him, while he was standing in prayer in al-mihrab, (saying): ‘Allaah gives you glad tidings of Yahya, confirming (believing in) the Word from Allaah [i.e., the creation of ‘Eesaa], noble, keeping away from sexual relations with women, a Prophet, from among the righteous.’*

*He said, ‘O my Lord! How can I have a son when I am very old and my wife is barren?’ Allaah said: ‘Thus Allaah does what He wills.’*

*He said: ‘O my Lord! Make a sign for me.’ Allaah said: ‘Your sign is that you shall not speak to mankind for three days except with signals. And remember your*

*Lord much, and glorify (Him) in the afternoon and in the morning.’”[Aal ‘Imraan 3:37-41]*

In Soorat Maryam, Allaah says (interpretation of the meaning):

*“(This is) a mention of the mercy of your Lord to His slave Zakariya.*

*When he called out to his Lord (Allaah) – a call in secret,*

*Saying, ‘My Lord! Indeed my bones have grown feeble, and grey hair has spread on my head, and I have never been unblest in my invocation to You, O my Lord!*

*And verily! I fear my relatives after me, since my wife is barren. So give me from Yourself an heir, -*

*Who shall inherit me, and inherit (also) the posterity of Ya’qoob [inheritance of religious knowledge and Prophethood]. And make him, my Lord, one with whom You are well-pleased!’*

*(Allaah said): ‘O Zakariya! Verily, We give you the glad tidings of a son. His name will be Yahya. We have given that name to none before (him).’*

*He said, ‘My Lord! How can I have a son, when my wife is barren, and I have reached the extreme old age?’*

*He said, ‘So (it will be). Your Lord says: It is easy for Me, Certainly, I have created you before, when you had been nothing!’*

*[Zakariya] said: ‘My Lord! Appoint for me a sign.’ He said, ‘Your sign is that you shall not speak unto mankind for three nights, though having no bodily defect.’*

*Then he came out to his people from al-mihrab [a praying-place or private room] and told them by signs to glorify Allaah’s Praises in the morning and in the afternoon.”[Maryam 19:2-11]*

In Soorat al-Anbiya’, Allaah says (interpretation of the meaning):

*“And (remember) Zakariya, when he cried to his Lord: ‘O my Lord! Leave me not single (childless), though You are the Best of the inheritors.’*

*So We answered his call, and We bestowed upon him Yahya, and cured his wife (to bear a child) for him. Verily, they used to hasten on to do good deeds, and they used to call on Us with hope and fear, and used to humble themselves before Us.”*

*[al-Anbiya' 21:89-90]*

Thinking about the story of Zakariya (peace be upon him) is very beneficial for anyone who is infertile. One may also ponder the story of Ibraaheem and his wife Saarah, whom Allaah rewarded for their patience with Ishaq when Ibraaheem was very old. He was also given another son, Ismaa'eel. Allaah tells us that His *khaleel* (friend) said (interpretation of the meaning):

*“All praises and thanks be to Allaah, Who has given me in old age Ismaa'eel and Ishaq. Verily! My Lord is indeed the All-Hearer of invocations.” [Ibraaheem 14:39]*

In all situations, the Muslim should accept and be content with the decree of Allaah, even if he is to remain infertile for the rest of his life. It could be that his patience may be better for him than a child. Everything that Allaah decrees has wisdom and a reason behind it, and everything is subject to His Will and Command. Allaah says (interpretation of the meaning):

*“To Allaah belongs the kingdom of the heaven and the earth. He creates what He wills. He bestows female (offspring) upon whom He wills, and bestows male (offspring) upon whom He wills.*

*Or He bestows both males and females, and He renders barren whom He wills. Verily, He is the All-Knower and is Able to do all things.”*

*[al-Shoora 42:49-50]*

May Allaah bless our Prophet Muhammad.

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## *Do the Jinn play any Role in causing Miscarriage or Deformity of the Foetus?*

Are the jinn able to affect the foetus in his mother's womb by causing a miscarriage or causing him to be deformed?.

Praise be to Allaah.

You should know that Allaah is the One Who creates the foetus in his mother's womb. Allaah says (interpretation of the meaning):

*“He creates you in the wombs of your mothers, creation after creation in three veils of darkness. Such is Allaah your Lord. His is the kingdom. Laa ilaaha illa Huwa (none has the right to be worshipped but He). How then are you turned away?”*

*[al-Zumar 39:6]*

**He is the One Who shapes him as He wills. Allaah says (interpretation of the meaning):**

*“He it is Who shapes you in the wombs as He wills. Laa ilaaha illa Huwa (none has the right to be worshipped but He), the All-Mighty, the All-Wise”*

*[Aal 'Imraan 3:6]*

He is the One Who decides how long the foetus will remain and when he will emerge. Allaah says (interpretation of the meaning):

*“Allaah knows what every female bears, and by how much the wombs fall short (of their time or number) or exceed. Everything with Him is in (due) proportion”*

*[al-Ra'd 13:8]*

Shaykh al-Shanqeeti (may Allaah have mercy on him) said, after mentioning the different views on the meaning of this verse:

All of these opinions boil down to one thing, which is that Allaah knows by how much the wombs fall short or exceed. This falling short may mean a shortfall in numbers, or the lack of a limb in the foetus, or a shortfall in the length of the pregnancy, if she miscarries before the usual term. And this exceeding may mean an additional limb, or additional numbers, or exceeding the usual length of

pregnancy. Allaah knows all that, and the verse includes all that. End quote. *Adwa' al-Bayaan*, 3/73.

Thus you should know that the idea that there is something that is called the taabi' or tabee'ah in the womb, which causes miscarriage or deformity of the foetus, is an idea which has no validity. It is one of the myths of the common folk.

The scholars of the Standing Committee were asked:

I got married on the eighth of Dhu'l-Hijjah 1403 AH. The woman whom I married is the daughter of my maternal aunt. On the first day of Ramadaan 1405 AH Allaah blessed me with a boy whom I called Moosa. In Sha'baan of 1406 AH my wife miscarried a foetus after the third month.

In Rabee' al-Awwal of 1407 AH, Allaah caused my son Moosa to die. As I told you, my wife is the daughter of my maternal aunt, and after my son Moosa died, my aunt – who is my wife's mother – came to me and said to me that she had gone to a man who has knowledge of the Book and said that this man had said to her that there is a taabi'ah – or a tabee'ah – from among the jinn with my wife, who kills her children out of envy (hasad) and resentment because of what she has. This man could put a stop to that tabee'ah or taabi'ah from among the jinn.

I refused that, and on the third day of Sha'baan last year, 1407 AH, Allaah blessed me with a daughter whom I called Mastoorah, but Allaah caused her to die the day she was born. My aunt came to me and said to me: Didn't I tell you to go to that man and put an end to this matter? She insisted that we go to him and my father also insisted that we should go to that man who could put a stop to that taabi'ah or tabee'ah. I asked them to wait a while, so that perhaps Allaah would inspire me, and praise be to Allaah Who has guided me to write this letter to you, in the hope that Allaah will enable you to advise us on this matter, knowing that this matter is causing me constant anguish.

They replied:

You have done well by refusing to go with your aunt – the mother of your wife – to a man who claims to have knowledge of the Book, because he is a kaahin (sorcerer). You have also done well by asking the people of knowledge for the right answer. You should recite ruqyahs prescribed in Islam for yourself and your wife and the children with whom you have been blessed. Recite al-Faatihah over each of them, and the three mu'awwidhaat – *Qul Huwa Allaahu Ahad*, *Qul A'oodhu bi Rabb il-Falaq* and *Qul A'oodhu bi Rabb il-Naas* (the last three soorahs of the Qur'aan). After

each time, blow into your palms and wipe them over the face and the front of the body. And recite this du'aa':

*U'eedhuka bi kalimaat Allaah al-taammati min kulli shaytaanin wa haammah wa min kulli 'aynin laammah* (I seek refuge for you in the perfect words of Allaah, from every devil and every poisonous reptile, and from every evil eye)

I also advise you to buy the following books: *al-Adhkaar al-Nabawiyyah* by Imam al-Nawawi, *al-Kalim al-Tayyib* by Ibn Taymiyah, and *al-Waabil al-Sayyib* by Ibn al-Qayyim, for they contain many beneficial dhikrs and ruqyahs that are prescribed in Islam. End quote.

*Fataawa al-Lajnah al-Daa'imah*, 1/619, 620

They were also asked:

Some people who do not have children are advised by others to buy a billy goat, which should be of a certain colour, such as black; they tell them to tether it in their house for a certain length of time, and they say the reason why they are not having children is because of a female jinn called a taabi'ah. They claim that if the billy goat is kept in the house, this will prevent that jinn from entering the house, and that will result in the wife becoming pregnant. What is the ruling on that?

They replied:

It is not permissible to do that, and this is a kind of sorcery. There is no sound basis for what has been mentioned; rather it is lies and falsehood. End quote.

*Fataawa al-Lajnah al-Daa'imah*, 1/584.

And Allaah knows best.

## *Why will There be More Women in Hell than Men?*

Praise be to Allaah.

It was narrated from the Prophet (peace and blessings of Allaah be upon him) that women will form the majority of the people of Hell. It was narrated from ‘Imraan ibn Husayn that the Prophet (peace and blessings of Allaah be upon him) said: “I looked into Paradise and I saw that the majority of its people were the poor. And I looked into Hell and I saw that the majority of its people are women.”

(Narrated by al-Bukhaari, 3241; Muslim, 2737)

With regard to the reason for that, the Prophet (peace and blessings of Allaah be upon him) was asked about it and he explained the reason.

It was narrated that ‘Abd-Allaah ibn ‘Abbaas said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said: “I was shown Hell and I have never seen anything more terrifying than it. And I saw that the majority of its people are women.” They said, “Why, O Messenger of Allaah?” He said, “Because of their ingratitude (kufr).” It was said, “Are they ungrateful to Allaah?” He said, “They are ungrateful to their companions (husbands) and ungrateful for good treatment. If you are kind to one of them for a lifetime then she sees one (undesirable) thing in you, she will say, ‘I have never had anything good from you.’” (Narrated by al-Bukhaari, 1052)

It was narrated that Abu Sa’eed al-Khudri said:

“The Messenger of Allaah (peace and blessings of Allaah be upon him) went out to the Musalla on the day of Eid al-Adha or Eid al-Fitr. He passed by the women and said, ‘O women! Give charity, for I have seen that you form the majority of the people of Hell.’ They asked, ‘Why is that, O Messenger of Allaah?’ He replied, ‘You curse frequently and are ungrateful to your husbands. I have not seen anyone more deficient in intelligence and religious commitment than you. A cautious sensible man could be led astray by some of you.’ The women asked, ‘O Messenger of Allaah, what is deficient in our intelligence and religious commitment?’ He said, ‘Is not the testimony of two women equal to the testimony of one man?’ They said, ‘Yes.’ He said, ‘This is the deficiency in her intelligence. Is it not true that a woman can neither pray nor fast during her menses?’ The women said, ‘Yes.’ He said, ‘This is the deficiency in her religious commitment.’” (Narrated by al-Bukhaari, 304)



It was narrated that Jaabir ibn ‘Abd-Allaah said: “I attended Eid prayers with the Messenger of Allaah (peace and blessings of Allaah be upon him). He started with the prayer before the khutbah, with no adhaan or iqamah. Then he stood up, leaning on Bilaal, speaking of fear of Allaah (taqwa) and urging us to obey Him. He preached to the people and reminded them. Then he went over to the women and preached to them and reminded them. Then he said, ‘Give in charity, for you are the majority of the fuel of Hell. A woman with dark cheeks stood up in the midst of the women and said, ‘Why is that, O Messenger of Allaah?’ He said, ‘Because you complain too much and are ungrateful to your husbands.’ Then they started to give their jewellery in charity, throwing their earrings and rings into Bilaal’s cloak.”

(Narrated by Muslim, 885)

Our believing sisters who learn of this hadeeth should behave like those Sahaabiyaat who, when they learned of this, did good deeds which would be the means, by Allaah’s leave, of keeping them far away from being included in that majority of the inhabitants of Hell.

So our advice to the sisters is to strive to adhere to the rituals and obligatory duties of Islam, especially prayer, and to keep away from that which Allaah has forbidden, especially shirk in its many forms which are widespread among women, such as seeking one’s needs from someone other than Allaah, going to practitioners of witchcraft and fortune-tellers, etc.

We ask Allaah to keep us and all our brothers and sisters far away from the Fire and the words and deeds that bring one close to it.

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